

# Enhance THERAPIES

QUARTERLY NEWSLETTER



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Kimberly Cagni  
OTR/L, South Pacific Rehab Services



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Submit a picture of your workday  
and get a \$20 Target gift card!



### SNF Compliance

Lori Blaire, EVP & Compliance Officer,  
Enhance Therapies



### Summer Referral Contest

Refer a friend and win big!



### What can improve patients' voice problems with Parkinson's?

Megan Craig, M.Sc.



### Newsletter Feedback

We would love to hear from you!



## TEAM MEMBER

## SPOTLIGHT

KIMBERLY GAGNI, OTR/L, SOUTH PACIFIC REHAB SERVICES

### **How long have you worked for South Pacific Rehab Services?**

I have been a member of the staff for South Pacific Rehab Services since June 2022; however, I have been a Director of Rehab for 23 years at Santa Clara Post-Acute, also formerly known as Valley House Rehab Center.

### **What do you like most about your job?**

- The priceless gratification from helping my patients!
- Helping people improve their lives and overcome challenges based on their temporary physical limitations.
- I truly love and appreciate my rehab team's commitment to making important human connections and differences for patients and their families.

### **What is the best career lesson you have learned so far?**

Work hard, be patient, be a good listener, focus on teamwork, and to never stop learning.

### **What do you like to do when you aren't working?**

When I am not working, I enjoy spending time with my family. I love to travel if/when time permits, and I also enjoy collecting various succulent plants.

### **What's a fun fact about you that many people may not know?**

I am a big sports fanatic. I love watching basketball, football, and soccer. I am a huge Golden State Warriors fan. If you're ever at one of my kid's football and soccer games, you will immediately notice that I am the loudest "cheerer" in the crowd!

### **What is one thing you can't live without?**

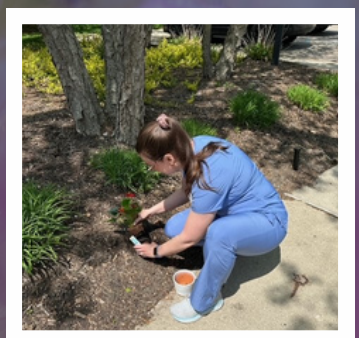
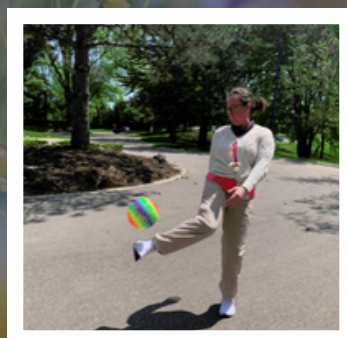
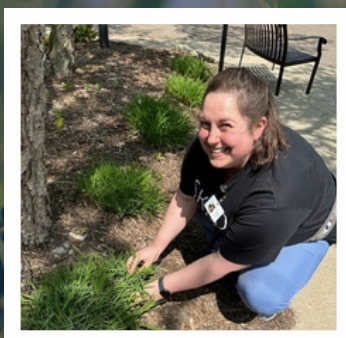
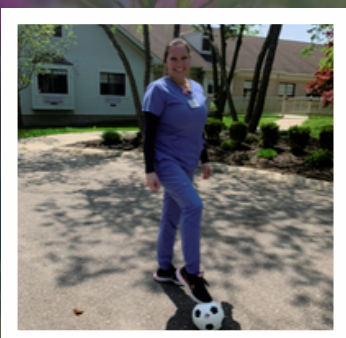
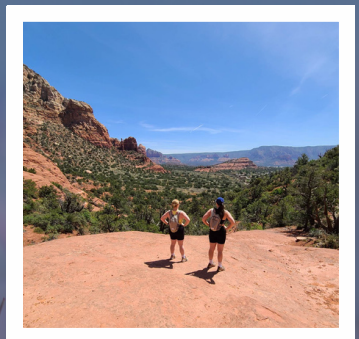
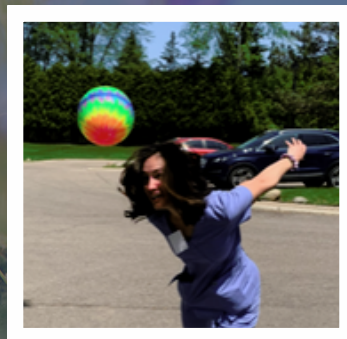
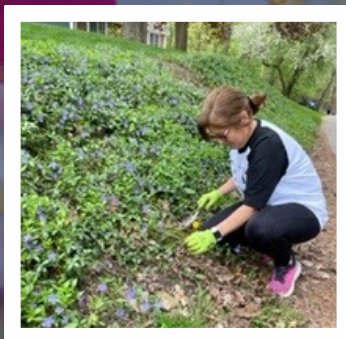
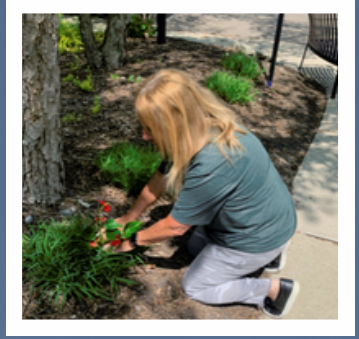
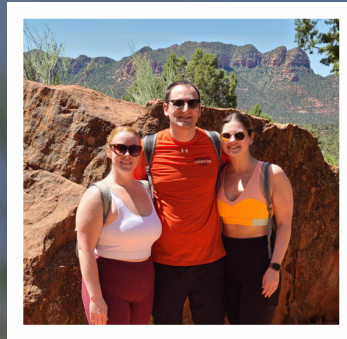
Aside from my family, I can't live without my cell phone and make-up.

### **What is your guilty pleasure?**

Irresistible online shopping.

# SPRING CONTEST SUBMISSIONS

In our last quarterly newsletter, we asked our team members to share photos of their spring activities, and the response was truly heartwarming. We're now excited to showcase these lively images filled with blooming flowers, fresh air, and outdoor fun. We couldn't be prouder of our team's enthusiasm and the vibrant energy they've captured outside of work!





# WORKDAY IN A SNAP CONTEST

**WE ARE EXCITED TO ANNOUNCE THE "WORKDAY IN A SNAP" CONTEST!**

We'd love for you to share a unique photo that captures a day in your life as a therapist or office team member. It could be anything from your therapy session setup to your preferred coffee break spot. Send in your photos to [marketing@enhancetherapies.com](mailto:marketing@enhancetherapies.com) and you will receive a \$20 Target gift card!

This is a fun way to share our experiences and get to know each other better!

**We can't wait to see your submissions!**

**SEND US A PHOTO OF  
YOUR WORKDAY  
AND RECEIVE A \$20  
TARGET GIFT CARD!**



# SNF COMPLIANCE

BY LORI BLAIRE, EVP COMPLIANCE OFFICER, ENHANCE THERAPIES

In recent years Skilled Nursing Facilities have been a target for government enforcement actions. They are under scrutiny through annual surveys, compliance surveys, and data sharing by regulatory agencies.

We all need to be prepared by ensuring the effectiveness of our compliance programs. We need to compare our processes to the CMS conditions of participation, (qualifications to be a Medicare or Medicaid-certified facility) to ensure compliance.

The following are several requirements to remain CMS compliant:

1. Establishment of written compliance and ethics standards, policies, and procedures (please refer to our compliance manual), and adherence to these standards.
2. Effective communication of the standards, policies, and procedures to all team members.
3. Consistent enforcement through disciplinary mechanisms for non-compliance.
4. Prompt responses to detected violations. Team members should call the compliance team or hotline to report concerns.
5. All employees must attend annual training.

A survey tag is possible if you do not demonstrate compliance with CMS's conditions of participation and do well-designed risk assessments. The quarterly risk assessments completed by the DORs must be done in a comprehensive and timely manner. Having an effective compliance and ethics program is imperative in all our rehab departments. Paper compliance will no longer suffice as we must also demonstrate compliance in all our verifiable data and documentation.

If you have any queries or require additional information, please do not hesitate to contact the compliance department or our Compliance Officer, Lori Blaire, at [lblaire@enhancetherapies.com](mailto:lblaire@enhancetherapies.com).

**Enhance**  
THERAPIES



## SUMMER REFERRAL PROGRAM

# UNWRAP SWEET REWARDS: REFER YOUR FRIENDS

There are only a few weeks left to enter our Golden Ticket Summer Referral Program! Through this program, you have the chance to win fantastic prizes for every Full-Time PT/OT/SLP you refer to our team. It's time to share the love and get rewarded!

How it works: Refer a Full-Time PT/OT/SLP through the month of August, and you'll earn one (1) entry into our exciting bi-weekly raffle! The more referrals you make, the greater your chances of winning fabulous prizes!

### Congrats to

**Gregory Trubnikov** from *South Pacific Rehab Services* on winning the **IPAD mini** and  
**Hannah Capranica** from *Renewal Rehab* for winning the **Breville Barista Express Espresso Machine!**



## ONE *Golden Ticket* GRAND PRIZE WINNER

At Summer's end, the team member with the MOST Full-Time hires referred will win the coveted Golden Ticket! The Golden Ticket comes with a jaw-dropping \$7,500 cash prize! Your summer dreams could become a reality with this golden opportunity!

*Referral Bonus: Team members will still receive the referral bonus for every Full-Time PT/OT/SLP that gets hired in addition to being a part of the Golden Ticket raffle!*



## SPREAD THE WORD AND WIN

Share the news with your professional network, friends, and family. Help us build an amazing team while earning your chance to win big! Every referral counts, whether it's from your alumni network, previous workplace, or a new connection!

**To refer a friend or to learn more about the program click the link below!**

**REFER NOW!**



## CONVENTIONAL SPEECH THERAPY

## AND SINGING MAY HELP IMPROVE PATIENTS'

## VOICE PROBLEMS WITH PARKINSON'S

REVIEWED BY MEGAN CRAIG, M.SC.

*INTERNATIONAL JOURNAL OF LANGUAGE & COMMUNICATION DISORDERS*

Speech and voice disorders are common in individuals with Parkinson's disease. New research published in the International Journal of Language & Communication Disorders found that a tele-rehabilitation program that combines conventional speech therapy and singing may help improve patients' voice problems.

For the study, 33 people with Parkinson's disease were randomly assigned to receive the combination therapy, conventional speech therapy, or a singing intervention. Each patient participated in 12 tele-rehabilitation sessions over four weeks. Voice-related tests were conducted one week before the first intervention session, one week after the last intervention session, and three months after the last evaluation.



The results showed significant improvements in all three groups after treatment in all outcomes over time. Patients who were in the combination or speech therapy groups showed a greater increase in voice intensity and what's called the Voice Handicap Index (VHI) compared with patients in the singing intervention group. (The VHI measures patients' perceptions of the impact of their voice disorder).

Also, combination therapy, compared with singing or speech therapy in isolation, had significantly greater effects on the VHI, maximum frequency range, and shimmer.

*The authors wrote, "Tele-rehabilitation combination therapy is an inexpensive and enjoyable behavioral treatment. The advantages of this method are that it is easy to access, appropriate for many stages of voice problems in Parkinson's disease, requires no prior singing training, encourages voice health and self-management, and maximizes treatment resources available to people with Parkinson's disease."*

**SUMMARY: THE STUDY PROVIDES EVIDENCE THAT CONVENTIONAL SPEECH THERAPY COMBINED WITH SINGING INTERVENTION SHOWED A GREATER INCREASE IN VOICE INTENSITY, VHI, MAXIMUM FREQUENCY RANGE, AND SHIMMER.**



# NEWSLETTER FEEDBACK

**We would love to know what you thought about our newsletter!  
Please submit your feedback via the link below!**

**FEEDBACK**



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